This is How I Pray

1. We must prepare to pray.
2. I fold my arms to pray.
3. I bow my head to pray.
4. I close my eyes to pray.
5. Yes, this is how I pray.

6. We come before thee now.
7. I thank thee for _______
   I thank thee for _______
   I thank thee for _______
   I thank thee for _______

8. Please bless me with ______
   Please bless me with ______
   You’ve blessed me with so many things
   Please bless me with ______

9. In Jesus' name, Amen
   In Jesus' name, Amen
   In the name of Jesus Christ,
   In Jesus' name, Amen.

Parents and teachers should use their own discretion in selecting which verses to sing with their child based on their age and individual needs. Verses 1-5 may be more appropriate for those 1-3 years old. Verses 5-8 may be more appropriate for those 4-5 years old.

Actions:
Verse 2:
Fold right arm on "fold"
Fold left arm on "arms"
Bob folded arms on "pray"
(repeat)

Verse 3:
Bow the head on each phrase

Verse 4:
Shut eyes on each phrase,
opening them between phrases.

Verse 5:
Maintain praying posture throughout the verse

For verses 7 and 8, invite children to pick a word they can sing. (A visual of options is suggested).

Words and Music by Mark Richins

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